

ELECTRONIC
PRESS
KIT

Glynis' Kitchen™



Glynis Albright



Glynis Albright

America's Waffle Queen™

Glynis Albright was known for loving food, cooking, and baking since she was a small child. She began using her parents' kitchen to prepare meals and bake all sorts of desserts by the time she was 10 years old.

During college she would make waffles, pancakes, crêpes, and French toast for her friends. After college Albright and her junior high school sweetheart, Gerald were married.

Waffles, which are normally served at breakfast time, became their main meal for dinner most times, due to their tight budget. For over two decades, she freely shared her waffles and other foods with friends who visited. By 2008, family, friends, acquaintances, celebrities, and government officials were coming from all over the world to have a taste of Glynis' fried chicken, waffles, and many other foods at the Albright Home. Those receiving this free blessing would make comments that she was sitting on something great and asked why hadn't she opened a restaurant of her own.

Glynis' Kitchen™



THE ALBRIGHT STORY

Star Treatment With A Downhome Feel

"I have always loved cooking. For many years I cooked for my husband, musician Gerald Albright, daughter Selina, son Brandon and anyone who stopped by: celebrities, heads of state, colleagues, extended family, friends and everyday folks like me, who found themselves recovering from a life-threatening illness.

After being diagnosed with a rare blood disease, I decided to look into the naturopathic route of healing to give my doctors the best body that I could, considering the circumstances. As I began to see results in my own health, I pushed forward by creating and sharing a gourmet line of delicious treats for other people suffering like me. During my toughest bout with leukemia, Just Sweet Enough[®] was born. Creating Just Sweet Enough[®] just wasn't enough. I wanted to also help others suffering from health challenges unlike my own. I went back to school at night, earning my PhD in Natural Health/Food Science so that I could deliver high quality products, share my knowledge of nutrition with others, and work with other doctors in various fields to help their patients. After meeting with Dr. MAL Fobi (creator of the Fobi Pouch, a form of gastric by-pass surgery), I created Cookie Dots[®] for his patients and others. Major cruise lines, The Food Network, morning shows, various church groups and organizations have invited me to share my testimony as a survivor and my experience of choosing faith, family, and food."



In The News for EPK

Glynis Albright receives WiLMA Business Award
Mountain Region Black Economic Summit 2013

<https://vimeo.com/67540418>

Glynis Albright receives Chairman Award
Colorado Black Chamber of Commerce 2015

The Just Sweet Enough Story with
Leukemia Lymphoma Society 2011

Woman of the Year Candidate

<https://vimeo.com/21440255>

Glynis Albright speaks about the importance
of nutrition for healing and performs cooking demonstrations
aboard Holland America, Celebrity, and Royal
Caribbean Cruise ships since **2007--Present**

Glynis and Gerald honored for their 60th
Birthday and service (Reading, PA) 2017

www.wfmz.com/news/berks/gerald-albright-wife-honored-at-berks-jazz-fest-with-big-surprise/438221792

Celebrity Wishes and Accolades

<http://vimeo.com/blakelcole/albright>



Press Clippings

Desirae Benson Interview/Video

Person of Prominence

7/2018

www.BlackTie-Colorado.Com

9/2018

Castle Pines Connection

www.castlepinesconnection.com

10/2018

Village Life: Cover Feature

6/2016

Inspirato Magazine

Summer/2017

