

GLYNIS ALBRIGHT

Waffle Queen



IT'S NOT JUST CHICKEN AND WAFFLES...
IT'S AN EXPERIENCE.



Glynis' Kitchen®

GLYNIS ALBRIGHT

Waffle Queen



Glynis Albright was known for loving food, cooking and baking since she was a small child. She began using her parents' kitchen to prepare meals and bake all sorts of desserts by the time she was 10 years old.

During college, she would make waffles, pancakes, crêpes, and French toast for her friends. After college, Albright and her junior high school sweetheart, Gerald were married. Waffles, which are normally served at breakfast time, became their main meal for dinner most times, due to their tight budget.

For over two decades, she freely shared her waffles and other foods with friends who visited. By 2008, family, friends, acquaintances, celebrities, and government officials, were coming from all over the world to have a taste of Glynis' fried chicken, waffles, and many other foods at the Albright Home. Those receiving this free blessing would make comments that she was sitting on something great and asked why she hadn't opened a restaurant of her own.



THE ALBRIGHT STORY

IT'S NOT JUST CHICKEN and WAFFLES...IT'S AN EXPERIENCE

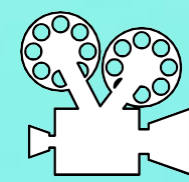


"I have always loved cooking. For many years I cooked for my husband, musician Gerald Albright, daughter Selina, son Brandon and anyone who stopped by: celebrities, heads of state, colleagues, extended family, friends and everyday folks like me, who found themselves recovering from a life-threatening illness.

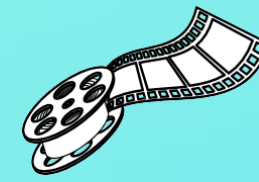
After being diagnosed with a rare blood disease, I decided to look into the naturopathic route of healing to give my doctors the best body that I could, considering the circumstances. As I began to see results in my own health, I pushed forward by creating and sharing a gourmet line of delicious treats for other people suffering like me. During my toughest bout with leukemia, *Just Sweet Enough®* was born.

Creating *Just Sweet Enough®* just wasn't enough. I wanted to also help others suffering from health challenges unlike my own. I went back to school at night, earning my PhD in Natural Health/Food Science so that I could deliver high quality products, share my knowledge of nutrition with others, and work with other doctors in various fields to help their patients. After meeting with Dr. MAL Fobi (creator of the Fobi Pouch, a form of gastric by-pass surgery), I created *Cookie Dots®* for his patients and others. Major cruise lines, The Food Network, morning shows, various church groups and organizations have invited me to share my testimony as a survivor and my experience of choosing faith, family and food.





In The Media



WILMA BUSINESS A W A R D

Glynis Albright receives the Wilma Business Award, courtesy of the Mountain Region Black Economic Summit. 2013

Click to watch



2013 WILMA HONOREE
BUSINESS

THE JUST SWEET ENOUGH STORY

Woman of the Year Candidate

Glynis Albright discusses her story and the history of her brand, with the Leukemia Lymphoma Society. 2011

Click to watch



GLYNIS AND GERALD ALBRIGHT HONORED AT BERKS JAZZ FESTIVAL

The Berks Jazz Festival honored both Glynis and Gerald for their birthday, which falls on the very same date.

Click to watch



CELEBRITIES SHOWING APPRECIATION FOR GLYNIS AND GERALD

Various celebrities from Ledisi, Lalah Hathaway, Vincent Ingala, Cannonball Instrument Group and more, show love, respect and admiration for both Glynis and Gerald.

Click to watch!



CHAIRMAN AWARD

Glynis Albright receives the Chairman Award for her outstanding community service, as Founder of M.A.N.E. (Making Advancements toward Nutritional Empowerment) from the Colorado Black Chamber of Commerce

[Learn
More!](#)



NUTRITIONAL HEALING AND COOKING DEMONSTRATIONS

Glynis speaks about health and nutrition aboard Holland America, Celebrity, and Royal Caribbean Cruise Ships from 2007-Present

[Learn
More!](#)



INTERVIEW ON THE "PERSON OF PROMINENCE" SHOW

Glynis Albright speaks candidly about her life, health challenges, and the love of family in a four part series.. 2018

Click to watch!



BLACKTIE COLORADO NEWS

Glynis Albright answers some questions in a "Have You Met This Person" article for for the community. 2018

[Click to read!](#)



BLACKTIE-COLORADO.COM
Blacktie - Have you met Glynis Albright?

CASTLE PINES CONNECTION

An article that discusses Glynis Albright and her delicious culinary contributions. 2018

[Click to watch!](#)
[Click to read!](#)



INSPIRATO MAGAZINE

Glynis and Gerald discuss their move from Southern California to Colorado. 2017



DENVER URBAN SPECTRUM MAGAZINE

Glynis Albright answers some questions in a "Have You Met This Person" styled article for for the community. 2018



SHEEN MAGAZINE

An article that discusses Glynis Albright and her delicious culinary contributions on the Dave Koz and Friends Jazz Cruise. 2019



IN MY KITCHEN, YOU'RE THE STAR

Everyone loves wholesome and delicious food.

Glynis' Kitchen® is everywhere and loved by people from all around the world. She takes pride in knowing she can put a smile of satisfaction on the faces of those who enjoy her savory meals and tasty treats!

Glynis' Kitchen®

I love you. You are a wonderful wife, beautiful mother and I get to have delicious treats anytime I want.

I am so proud of you!
~Gerald Albright
Jazz Recording Artist



It's Not Just Chicken and Waffles, It's An Experience.



Glynis, you and your desserts are over the top!

~Halle Berry
Actress



I've had a lot of cakes, BUT your cake is delicious.

~Bette Midler
Actress/Pop Recording Artist



Mamacita!!!! Girrrrl, those waffles were the bomb!! I love you my Creole sister!!! Thank you for feeding us ALL!!!

~Sheila E
Recording Artist



Glynis, thank you for the light and airy waffles and delicious chicken. We loved your cooking! You really made an impression on all of us and we can't wait to come back.

~John Legend
Recording Artist/Vocalist



The chocolate cake you prepared for us in Simi Valley was very delicious! Thank you.

~General Colin Powell
Former US Secretary of State



Glynis, I am now calling you "The Sweet Potato Poundcake Lady!"

~Patti LaBelle
R&B Vocalist

Make opportunities, reach out,

Take the next step.

Glynis Albright prides herself in creative collaborations and meaningful opportunities to work on great business ideas, with the right people. Over the years, she developed the habits needed to attract greatness and harness the power that made it possible to fulfill her dreams. There are no limitations!



1-(888) 3WAFFLE

THE POWER OF PASSION

"Cooking is an amazing way to combine what you know, with what you love."

Waffle Queen

